

YOUR STEPS OF CARE AT A GLANCE

For patients new to acupuncture, committing to long-term acupuncture care can feel daunting, but there are many reasons it's a great choice for your future health and well-being. Here are just three reasons it's important to commit to the entire treatment plan laid out by your acupuncturist.

CULTIVATING LASTING HEALTH IS A PROCESS.

Western medicine often suggests there are quick fixes when it comes to health, but that's rarely the case. Traditional Chinese Medicine asks that we call on our patience and validate our right to deep, lasting wellness.

YOU MAY ACCESS LEVELS OF HEALING YOU DIDN'T KNOW WERE POSSIBLE.

After your acupuncturist relieves your primary aches and pains during relief care, healing can move into deeper layers of your body, creating a resiliency that will help deflect future imbalances.



It very well may save you money in the long run.

Committing to long-term care from your acupuncturist helps your body stay free from illness, which can reduce how often you need to invest in other healthcare modalities, such as over-the-counter medications, prescription drugs or physical therapy.



The information contained within this brochure is only used to educate and inform. This brochure is not a substitute for the advice of a licensed and registered health care provider. Seek prompt attention for emergencies. Consult a health care provider for specific health concerns, and before starting a diet, cleanse or exercise routine.

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